

DES INDES

HEALTH CLUB & SPA

CINQ M[̄]ONDES
SPA PARIS



DES INDES SIGNATURE & INDIGENOUS* RITUALS

DUO MASSAGE (2p.)	60/90 MIN € 205/€340
ANTI-JETLAG ENERGY BOOST	90 MIN € 180
*ROYAL DES INDES RELAX PACKAGE	120 MIN € 235
*LUXURY R&R OF THE INDIES	90/120 MIN € 190/€235

MASSAGES

BALINESE	90 MIN € 180
RELAX	60 MIN € 110
ULTRA RELAX	90/120 MIN €180/€215
NAO (AROMATIC OILS)	60/90 MIN € 115/€ 180
DEEP TISSUE	60/90 MIN € 115/€180
HOT STONE	60/90 MIN € 115/€180
PRE & POST-NATAL TREATMENT (BIO)	90 MIN € 195
SHIATSU MASSAGE	60 MIN € 125
ORIENTAL HEAD & FACE	45 MIN € 99
BACK, NECK & SHOULDERS	45 MIN € 99
FOOT REFLEXOLOGY	30 MIN € 80
SPORTS	30 MIN € 80

FACIAL RITUALS

EXPRESS RADIANCE	45 MIN € 99
ILLUMINESCENCE (DRY SKIN)	60/90 MIN € 115/€ 180
SKIN PERFECTION (OILY SKIN)	60/90 MIN € 115/€ 180
LIFTING & PLUMPING (ANTI-AGE)	60 MIN €140
GLOBAL ANTI-AGE (+ NECK & DÉCOLLETÉ)	90 MIN € 190
EXPRESS ANTI-AGE	45 MIN € 99

Cancellations less than 24 hours before treatment time will be charged in full

DETOX BODY TREATMENTS

SLIMMING & FIRMING (SCRUB, MASSAGE, WRAP)	90 MIN € 190
BRAZILIAN SLIMMING MASSAGE	60 MIN € 125
BODY SCRUB & DETOX WRAP	75 MIN € 160

BODY SCRUBS & NOURISHING MASSAGE

POLISHING "PAPAYA PURÉE" SCRUB	75 MIN € 160
ENERGIZING AROMATIC SCRUB	75 MIN € 160
SUBLIME SCRUB WITH TAHITIAN MONOÏ	75 MIN € 160
PURIFYING BLACK BELDI SOAP SCRUB	75 MIN € 160

PHYSIOTHERAPY

REGULAR SESSION	20 MIN € 60
EXTENDED SESSION	30 MIN € 80
1 HOUR SESSION	60 MIN € 120

SPA MEMBERSHIP	Yearly € 2250
MONTHLY SPA VISIT & TREATMENT (90min)	

FAMILY SPA (4.p)

1,5 HRS RESERVED SPA INCL.	€ 250
2x 30min RELAX MESSAGES	

DAY PASS 2,5 HRS (SPA & FITNESS)

(INCL. ROBE, TOWELS, SLIPPERS)	€ 65
+ € 10 DISCOUNT ON A TREATMENT OF CHOICE	

OPENING HOURS

MONDAY – THURSDAY 7:00 – 20:00

FRIDAY 7:00-22:00

SATURDAY 8:00-22:00, SUNDAY 8:00 – 20:00

PUBLIC HOLIDAYS 9:00 – 17:00

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<https://www.hoteldesindes.nl/health-club-spa>